

2021 Mountain Laurel 5K  
RUN RESULTS

1<sup>st</sup> Male – Dean Banko, 38, in 18:47

10-u

1. William Norton 30:03

11-15

1. Levi Solada 24:18

2. Clay Solada 27:57

3. Benjamin Forshey 33:04

16-19

1. Cade Voller 25:24

20-29

1. Nathan Wood 21:13

2. Tyler Mower 23:15

3. Mark Pesto 26:49

30-39

1. Jacob Just 22:23

2. Brian Suter 23:48

3. Derick Hay 39:09

40-49

1. Matt Brubaker 21:28

2. Jimmie Gonzalez 22:35

3. Daniel Curtis 23:43

4. Chris Ralston 26:03

50-59

1. Jim Wood 21:55

2. Nelson Shertzer 22:14

3. Mitch Radella 24:31

60-69

1. Randy Mallory 26:20

2. Ron Rankin 28:52

3. Keith Pesto 29:44

4. David Novak 30:57

5. Conrad Uhric 32:03

6. Carey Vinson 36:15

1<sup>st</sup> Female – Arianna Hay, 30, in 23:55

10-u

1. Teegan Hay 39:08

30-39

1. Maria LaRotonda 26:11

2. Joyce Solada 28:45

3. Shannon Scheffel 29:08

4. Laura Forshey 37:19

40-49

1. Misty Demchak 27:48

2. Robin Gonzalez 37:12

3. Kristen Mumau 39:40

50-59

1. Lara Putnam 28:58

2. Joy Homar 31:19

3. Jennifer Ralston 37:38

4. Kelly McGivern 38:09

60-69

1. Peggy Novak 28:53

70+

1. Becky Scheetz 37:21

#### WALK RESULTS

1<sup>st</sup> Male – John Robson, 72, in 38:25

40-49

1. Greg Norton 55:36

2. Shawn Stempora 1:09.12

50-59

1. Bob Hainzer 38:43

2. Don Cade 39:23

3. Mike Trent 43:57

60-69

1. Robert Jones 39:29

2. Dennis Cropp 43:47

3. Doug Wible 43:56

4. Ed Stone 43:58

4. Pete Malich 55:53

70+

1. Jim Hessel	42:28
2. Marty Ryba	47:16
3. William Obert	49:43
4. Robert Dabbs(82)	53:25
5. Richard Alt	55:30

1<sup>st</sup> Female – Kim Shertzer, 57, in 36:10

10-u

1. Eleanor Wible	43:55
2. Avery Keith	1:00.37

11-15

1. Julia Norton	43:29
2. Brianna Fisher	50:10

20-29

1. Jordan Willison	46:42
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30-39

1. Samantha Wilcox	50:10
2. Brandi Stempora	59:21
3. Meagan Keith	1:00.37

40-49

1. Laura Robson	43:07
2. Kate Norton	55:35

50-59

1. Kim Zimmerman	38:08
2. Chris Hainzer	46:45
3. Karen Wood	53:27
4. Michelle Nesdone	55:52
5. Karen Walters	59:29

60-69

1. Lisa Appleby	38:39
2. Jeanne Henry	39:18
3. Sherry Obert	39:49
4. Cindy Mallory	49:11

70+

1. Rhoda Dabbs(85)	53:26
2. Janice Alt	55:28